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In this series we will focus on learning the rhythms of effort and rest displayed in the Bible. Our goal is to better understand our own rhythms, why we do what we do and compare them with the rhythms proposed to us by God. We will highlight the many ways in which we adopt a hurried and hasty life in our efforts to pursue an unhurried, holy life that God invites into.

Matthew 6:31-33 (NIV) - 31So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32For the pagans run after all these things, and your heavenly Father knows that you need them. 33But seek first his kingdom and his righteousness, and all these things will be given to you as well.

UNHURRIED ENOUGH TO CARE

REVIEW:

- The spectrum of frenetic to lazy. All or nothing vs somewhere in between.
- Acedia
 - From Greek 'a' meaning "not" and 'keedos' meaning "to care" = "don't care"
 - **Adjectives:** apathy, boredom, lethargy or a lack or failure of love

1 Corinthians 13 (NIV) - 1If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. 2If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. 3If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. 4Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. 6Love does not delight in evil but rejoices with the truth. 7It always protects, always trusts, always hopes, always perseveres. **8Love never fails.**

- Love is patient & long-suffering

Luke 10:25-37 (NIV) - 25On one occasion an expert in the law stood up to test Jesus. "Teacher," he asked, "what must I do to inherit eternal life?" 26 "What is written in the Law?" he replied. "How do you read it?" 27He answered, "'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.'" 28 "You have answered correctly," Jesus replied. "Do this and you will live." 29But he wanted to justify himself, so he asked Jesus, "And who is my neighbor?" 30In reply Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32So too, a Levite, when he came to the place and saw him, passed by on the other side. 33But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. 34He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. 35The next day he took out two denarii and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.' 36 "Which of these three do you think was a neighbor to the man who fell into the hands of robbers?" 37The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise."

OBSERVATIONS:

To Live is to Love

We are to **love God** and **love Others** with every capacity we have been created with

Justifying our actions

Who is your neighbor?

Who are you?

- The priest, Levite or....Samaritan? ...Israelite?

Why are you the way that you are?

THOUGHTS ON THOUGHTS:

“What you hurry for, you care about more.”

“If you care, you’ll be there.”

“If you want to be unhurried enough to care, you need to care enough to be unhurried.”

For Small Group Discussion: Luke 10:25-37

- What stood out to you from the message? Explain
- Read Luke 10:25-37. Who do you relate to the most in the story and why? Share this.
- What do you think of the statements below. Discuss with someone.
 - “What you hurry for, you care about more.”
 - “If you care, you’ll be there.”
 - “If you want to be unhurried enough to care, you need to care enough to be unhurried.”
- What is one next step you can take to become less hurried and more caring?